It's important to understand the nuances of how John Wesley's teachings have been interpreted and how terminology has evolved. Here's a breakdown:

- **Wesley's Doctrine:**
  - John Wesley emphasized the doctrine of "Christian perfection" or "entire sanctification." This referred to a second work of grace, subsequent to justification, in which a believer could be cleansed from inbred sin and filled with perfect love.
  - While Wesley focused on the concept, the precise phrase "second blessing" became more widely used in later movements that developed from his teachings, particularly within the Holiness movement.
- **"Second Blessing" Usage:**
  - The term "second blessing" became a popular way to describe this experience of entire sanctification.
  - However, the term "second blessing" has also been used in Pentecostal circles to describe the baptism of the Holy Spirit, which adds another layer of complexity.
- **Wesley's Influence:**
  - Wesley's teachings laid the groundwork for the concept, even if the exact phrase wasn't his most common one. His writings and sermons are the source of the doctrine of Entire sanctification.
  - It is accurate to say that the concept of the second blessing, is rooted in the teachings of John Wesley.

In essence, while John Wesley primarily used terms like "Christian perfection" and "entire sanctification," his doctrine is the foundation for the "second blessing" concept.